

HIGH POINT

Vol. 14, No. 3

BISHOP FORD CENTRAL HIGH SCHOOL

Spring, 1990

Who Are You? What Do You Care About?

by Shirley Collado

"Before I finish this sentence, 15,000 acres of rainforests will be reduced to ashes."

"Every minute children die from hunger or lack of medical care."

"But, we the youth can make a change. We are the world's largest untapped natural resource!"

"Who are you? What do you care about? Will you change the world, or will the world change you? How do you feel about yourself, and what is worth fighting for? WHO ARE YOU?"

An example of young people who CARE—The CITY KIDS FOUNDATION.

Answer Me

How blue is your ocean?
How rich is your soil?
How clear is the air you breathe?
And how clean is your water?
Did you ever think of your children wearing masks?
Did you ever wonder how long our creatures will last?
Did you ever shoot a baby deer as it looked you in the eye?
And did you ever hear an animal cry?
Would you ever wear fur?
Would you ever chew flesh?
Would you burn down a rainforest?
And would you do these things again?
How rich is your soul?
How clear is your mind?
And how clean is your HEART?



Inquiring Reporter: Does Dinkins Measure Up?

by Danielle Ramos

The newly elected Mayor of New York City, David Dinkins, has been in office for almost two months now. He has received extreme praise and harsh criticism. Some say he has raised taxes too high and increased inflation. Others believe him to be a better mayor than Ed Koch and say he will unite New York City. **Highpoint** asked Bishop Ford students:

How do YOU think Mayor Dinkins is doing?

"I think he's doing a good job. Personally, I think New York needed a change. The controversy over him being black and running for mayor is stupid, because it's not the color of your skin or your religion, it's if you have the intelligence to do the job."

—Meredith Parrinello, 307

"As far as I'm concerned, I didn't like Mayor Koch, and David Dinkins is no better. Instead of raising taxes and cutting police officers, he should use our tax money in a more productive way."

—Marcella A. V. Yodice, 310

"I can't stand David, because he is not the right symbol for us, no matter who you are. He is too outspoken, and he flip flops too much. Ex-mayor Koch would still be the best person for this job."

—Anthony Allison, 301

"I am very proud to have Dinkins for our mayor. It is about time that a black person is recognized as being qualified to hold this position. Dinkins has proven himself to be intelligent, and I hope he uses it to its fullest. I also hope that being mayor is just the first step for black people moving up in our country."

—Vanessa Laird, 305

"In my opinion, David Dinkins is an excellent choice, but not for the reason that he is black, which should not be a factor, but simply because he is much more qualified than Giuliani. I hope Dinkins' trouble with the law over taxes was just a spot on an otherwise clean, reasonable, respectable person."

—Andre Byfield, 302

"I believe that David Dinkins is influential in every community. He is an eloquent speaker who can and will make a positive change in our society."

—Camille Villaroel, 310

Congratulations to the following seniors who have been awarded re- gents scholarships:

Arnoux, Judith
Augustine, Lori X.
Belcastro, Janine
Church, Erika F.
Coleman, Laurie
Comparato, Salvatore
Conti, Rosetta
Cottrell, Heather M.
Coughlan, James M.
DeLaTou, Claudine M.
Denaro, John M.
Exume, Myriam
Fagan, Mary
Fernandez, Nicole
Fitzpatrick, Helen M.
Frank, Sebastian M.
Gaglio, Peter A.
Gomez, Lillian M.
Gonzalez, Jason J.
Jones, Patrice A.
Laquercia, Thomas P.
Lau, Tammy
Mari, Christopher
Marra, Frank A.
Matrokostas, Athanasio
Mastromarino, Melissa A.
McGee, Elizabeth J.
McGinnis, Lisa A.
Melendez, Orlando
Paul, Sabine T.
Piccirillo, John L.
Rivera, Jamar
Romnios, Athanasio
Sanon, Julie
Schone, Danielle A.
Smith, Catherine
Stanford, Desmond
Tremeau, Arthur
Ventola, Rosemarie
Vourtsis, Laura N.
Zucker, Ula F.

Take Care Of Your Mother: Earth



Bishop Ford students recently attended a lecture at the American Museum of Natural History given by the renowned paleoanthropologist, Dr. Richard Leaky.

by Shirley Collado

Air Pollution! Overpopulation! Hazardous Wastes! Deforestation! Ozone Depletion! Is it necessary to say more? Do you ever stop to think how these things will effect our lives in the next ten years? There are so many major environmental problems we face as a city, nation, and planet. All we have to do is turn on the TV, pick up a newspaper or magazine, or just look around us to notice that environmental awareness is taking place in more and more aspects of our society.

This spring marks the twentieth anniversary of Earth Day, which began the environmental movement in the United States. The decade of the 90's is being described by many sources as "the environmental decade." Organizations and agencies are planning events for this spring, not only locally, but nationally and internationally as well. Without a doubt, the changes to come will affect our lives and the generations to follow. The goal of reaching a society in which environment plays a very significant role involves not only politics, industry, economics and science, but also our personal habits and lifestyles. Before there can be effective change, there must be "awareness."

We, the youth, can also participate in this change, if our health and our surroundings really do matter to us. Because of this, **Bishop Ford** will join the spirit of EARTH DAY for the first time in our history by organizing an "Environmental Awareness Day" on April 26, 1990. This day was proposed by Dr. Defina and has become a reality with the help of faculty members (from all departments), the ad-

ministration, guest speakers and students who care about our future.

This day will consist of various activities, projects, guest speakers, and possibly other ideas that have been brain-stormed. It will involve an assembly and an incorporation of environmental theme's into classwork by each faculty member participating. There will also be speakers from the New York City Department of Sanitation (recycling), Department of Environmental Protection (water quality), STOP NUCLEAR Arms Proliferation (nuclear wastes), a speaker from New York University discussing our tropical forests, and other representatives. There will also be visible participation by Navin Brothers, our cafeteria service, during which no styrofoam will be used because of the harm it causes to our surroundings. "Environmental Awareness Day" will be a **Dress Down Day** for students wishing to donate to the environmental cause. The ideas for this day range from student debates to art, photography and music.

Many of us, when we think of environment, think of something so isolated from us and something only "nature freaks" care about. Without a healthy environment, we cannot exist. Look out your window, go to a park, BE AWARE of what is happening around you, and, with your own personal effort, we may just reach our goal of a society that is more in harmony with the environment. On April 26th help Ford make history and participate in the "rebirth" of the environmental movement.

Do you care about this planet? What does our future hold? "TO CHANGE THE EARTH, ALL YOU HAVE TO DO IS CHANGE YOUR MIND."

Join the March of Dimes' WALK AMERICA '90

Be one of the 20,000 New Yorkers who fight birth defects. For information or registration, see Melissa Clark, 402, or Mrs. Rollo in the Student Activities Office.

Mr. Paul Gaglio: A Man With A Mission



Mr. Gaglio searching for the ark.

by John Infortunio

Q. Why did you choose to be a teacher of religion? Did you always want to be a teacher?

A. I chose to be a teacher for a few reasons. I was very interested in theology in college (St. John's). I also enjoyed the Bible. The main reason I decided to become a teacher was the students. I enjoy working with them.

I finally decided to become a teacher when I exited the army.

Q. How many years have you been teaching at Bishop Ford?

A. I am now in my twenty-fourth year.

Q. What major changes have you seen in your time at Ford?

A. For one, I've seen the school change from all boys to co-ed. I have also seen the uniform change from a blazer and tie to a less restricted one.

Q. When you are finished teaching, what would you like to do?

A. I am going off to search for the Ark of the Cove-

nant. I just need some money and some backing, and I'm all set.

Q. Is it hard to teach in the same school your son attends?

A. I feel it is probably harder for him than for me. It really doesn't affect me that much. He always has to be very responsible and mature, since he is the son of a teacher.

Q. What is your impression of the kids at Bishop Ford?

A. The students are very well behaved, intelligent young people. They are street smart, but they have good common sense. These are the reasons most of our graduates make out very well afterwards.

Q. Do you have any hobbies or things you do to relax?

A. My biggest vice is baseball. I most enjoyed Mickey Mantle and Joe DiMaggio. Aside from that, I enjoy reading and working on cars; that's what keeps me relaxed.

I'd like to thank Mr. Gaglio for his time and participation in this interview.

It's Up To Us

by Michael Wysokowski

Graduation: It seems like only yesterday that we entered Ford. All most of us wanted was a good time. I think we got it. But now we are leaving, taking steps into a new domain . . . life.

We are at a stage when things can get very sensitive and may affect us for the rest of our lives: the way we act, the way we treat others, the way we treat ourselves.

We have made a lot of friends. But who are our true friends? Will they always be there? Some may say all this will come in time. But when is the time? We have to start facing life. Now is the time to make adjustments if any be needed. But to do that we all need a good friend to help us out.

We may hate how the world looks now, but its up to us to change it. The party's not over, but maybe it is time to start thinking about who is going to help us clean up when the guests are gone. Who is going to take down all the fancy decorations that cover up our homes? Will you be doing it yourself?

This is our time. Let's use it to its fullest potential. But let's not use it so that we will regret it. We have a whole lifetime; it would be foolish to live it in regret.

We made a lot of friends. How many of them will we remember? How much do we care? The question we must ask ourselves is, when will we care?

We have a gift, something that no person can ever take away from us (only time). It's called youth. How we choose to use it is in our hands for the time being.

See the Chalk Circle
Players' production of
BORN YESTERDAY
in our auditorium on
May 11 and 12.

Farewell To '89: Do You Remember?

by Sandra Paul

It came, it went, it was a blast! Test your memory and see what you can remember about 1989.

The past year consisted of many interesting events. **Top 10 Movies:** Born on the 4th of July, Batman, Do The Right Thing, Lethal Weapon II, The Last Crusade, Look Who's Talking, When Harry Met Sally, Rainman, War of the Roses, and The Little Mermaid.

Top 10 Artists:

Paula Abdul, Bobby Brown, Janet Jackson, New Kids on the Block, Milli Vanilli, Madonna, Soul II Soul, The Cure, Guns and Roses, Bon Jovi.

Top 10 Events:

Gorbachev and Reagan decide to slow down arms race; Mayor David Dinkins is elected N.Y.'s first black mayor; Fall of the Berlin

Wall; Super Bowl is won by the 49ers second time in a row; The death of Yusef Hawkins; The death of Lisa Steinberg; The Central Park rape; The Chinese riots in Tiananmen Square; Exxon oil spill; growing concern over greenhouse effect (the decaying of ozone layer causing warm weather and shorter cold seasons).

Even after only two months of 1990 have passed, we can already see that people around the world are working together to form peaceful relations: Gorbachev's willingness to negotiate and build a new democratic Russia, President Bush's speech on how we as a country are going to control the drug war, and last, but not least, the release of Nelson Mandela after 27 years in jail for fighting for the rights of black South Africans.

Letters To The Editor:

Navin Brothers Food Service
365 Willard Avenue
Newington, Connecticut
January 22, 1990

Dear Shirley,

I have read your article entitled "Domino's Does It Better!" (Christmas issue of **Highpoint**) and I hope you will give me an opportunity to address each of the issues which were raised.

Firstly, price and quality are directly related. Navin Brothers Food Service Systems makes a practice of using only the finest quality products from name brand companies (i.e. Tyson Chicken, Gabilis Kinish, Perdue Turkey Breast, Heinz Ketchup, Columbo Yogurt). As a result, the prices might be somewhat higher than what you, as students, might be willing to pay. However, we feel that our goal of making appetizing and healthy choices available at a fair price is being met.

We feel that we do offer a variety of foods for the students' selection. Generally, we serve two hot main lunches daily—sometimes even three. In addition, we have three hot side orders—fries, kinish, soup du jour. Our sandwich and cold salad availability is vast. You may choose from a minimum of seven sandwiches, chef salad, tossed salad, tuna salad platter, or pasta primavera, and your choice of dressings even includes a low-calorie dressing.

We have recently installed new ice cream freezers and have overhauled all of the refrigeration so that ice cream and milk stay frozen and cold respectively. However, on occasion a spoiled product may slip through inadvertently. The cafeteria staff consists of humans, and accordingly, there is room for error. It is possible for this to happen even in the finest of restaurants. We do our best to serve only the freshest dairy products. If you happen to purchase a spoiled dairy product, just return it to one of the ladies, and she will be happy to replace it.

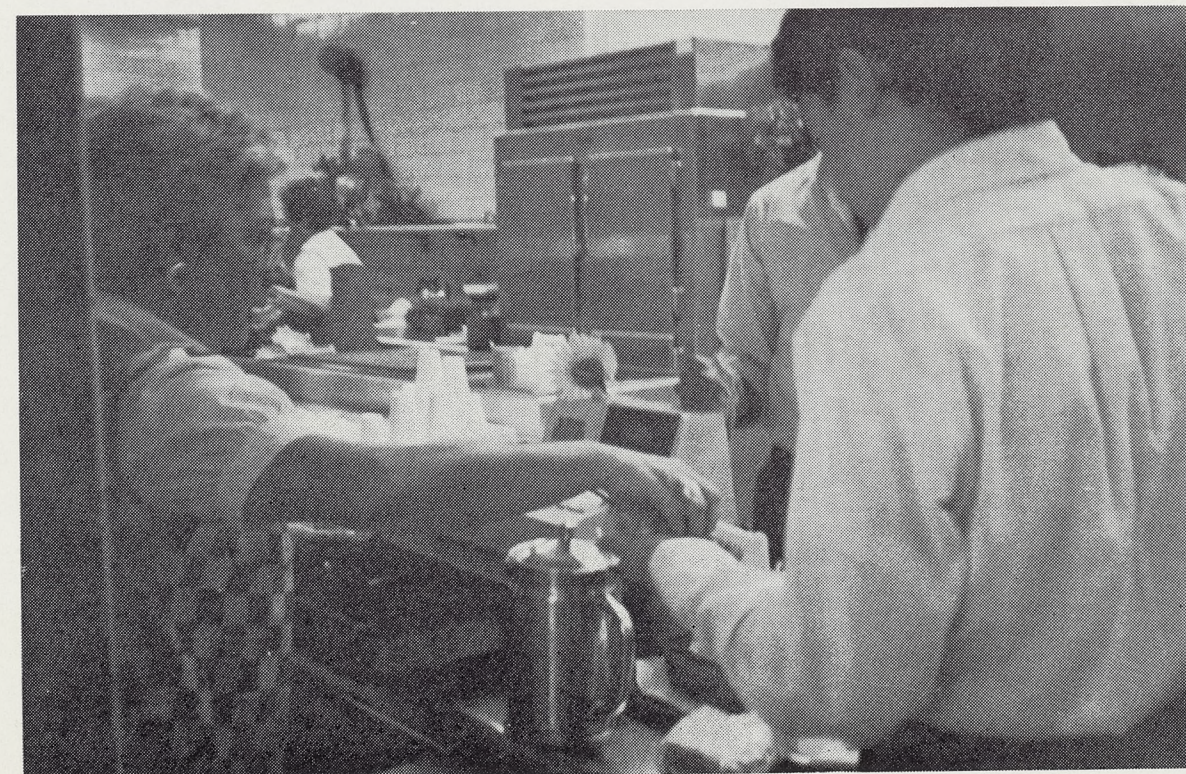
As far as the organization of lines is concerned, that greatly depends upon the cooperativeness of the student body. The women who work in the cafeteria do their best to provide an orderly flow of students; however, I am sure they do not appreciate being trampled. Only a few students at a time are allowed to enter the kitchen due to the fact that there have been numerous attempts at stealing.

This brings me to your last point—that students should be more concerned with the cafeteria's appearance. I am pleased that you realize that trying to resolve these problems is a two way street. Not only do we like to hear your suggestions, but we would also like to see you take a serious interest in your school cafeteria. Please try to be considerate of those students who have to eat after you. Would you leave your garbage on the table if you were at home?

In conclusion, anytime we consider a change in the cafeteria policy, it is to benefit the bulk of the student population. Many changes have taken place "behind the scenes" as well. We have recently made a number of equipment changes which will help to resolve some of these problems. We are trying to do our part. Now we ask that you do yours.

If you wish to speak to me about these or any other questions, please feel free to come and see me.

Sincerely,
David Cavagnaro
Area Supervisor



Are we getting what we pay for?



Janet And Paula: Queens Of Pop

by Reginald Deas

A lot of people have had their disagreements on who is the bigger celebrity, Paula Abdul or Janet Jackson. To discuss this topic, first you have to know a few things about the two ladies. Let's start with the pros first. They are both fine and properly tuned. They can both sing, and they can both dance. This is getting us nowhere. We'll just have to separate the two. Let's do Janet first.

Number one: She had two very successful albums go platinum. Everyone knows of the conflicts that have been projected by the magazines and TV shows. Because Janet did not give credit where some credit was due. We're not taking sides here, but the fact is that "Janet was here first." People say that Janet can't dance or has no talent, but let's point out that Janet is just as good as Paula Abdul (better even). Janet is an actress; you may remember her as Penny on Good Times, as Charlene on Different Strokes, and as Cleo on the popular show, Fame. Janet has spread her fame and has made herself well known to all. Let's not forget the fact that she comes from a very talented and well known family. Now, people may disagree and say she stole her moves from Paula, but let's face it: If she's being talked about so much and making all that money, she must be doing something right.

Now Paula: She has one successful album with great singles (like Janet) but is recognized for her moves. She also has a great personality. Those of you who have seen her interviews and music videos can vouch for that. Out of all the sour facts that she's made of, came one beautiful person. For those of you who are wondering what race Paula is: Canadian-French on her mother's side and Syrian-Brazilian on her father's side. Figure it out for yourself. What her homeland is we have yet to find out. If it really matters, that is. And on her relationship

with Arsenio Hall, who cares? She could do better. You should know that she was head cheerleader of the Lakers. She did the choreography for Eddie Murphy's big hit, *Coming to America* (the African dance scene). She does the stuff for the Tracey Ullman Show. She was also the opening act for the Music Awards. And let's also put in that she is supposed to do the choreography for the Academy Awards. Let's not even get into the conflict between her and Janet. The rumors of her feud with Janet Jackson were not entirely true. They were fabricated. But, seriously speaking, they have no time for this nonsense. They're too busy doing their thing. People say they can't dress. We all know this is not true. And then people really got upset when both ladies appeared on Blackwell's Worst Dressed Women of 1989 list. People other than Blackwell also say Janet can't dress. She wears black for a reason. She knows who she is; she is not another Lisa Bonet. Now, I don't want to go into a whole cultural thing here, so we'll make it short. Janet's wearing black has a lot to do with her awareness of her culture. She is very aware of who she is and where she comes from. She knows that "some" people get tired of her black clothes, that black is out. But she feels this way: "For once black represents something good." How can the color black be out? Paula's name is not Hooker for Hire. "Some" people are against the way she dresses (as if it were too revealing). You sure won't hear any complaints out of me, or out of any of your Paula Abdul admirers.

People should really learn to read about these two ladies before making snap judgments about them. Janet is not selfish and Paula is here to stay. To those of you who don't like it, go buy tickets for a New Kids on the Block concert.

I'll tell you one thing: New Kids aren't the only people in this world. Janet and Paula are here too.

Glory Is No Fairytale

by Bill Condon

Glory, a new movie starring Matthew Broderick and Morgan Freeman, is an entertaining and sometimes touching story of war, determination, a fight for respect, and unity.

Broderick is the commanding officer of the first all-black regiment for the Union Army during the Civil War.

The first regiment works hard to become good soldiers and bond together as a strong unit. They face much adversity, such as lack of support from the rest of their army, threats

by the Confederates that any black soldier caught will most probably be put to death, and the fact that the U.S. government has no plans to let the regiment fight in the first place.

Broderick earns the respect of the soldiers because of all the work he has done on their behalf, and by the fact that he is a man of his word with much integrity.

I feel that this movie is well worth seeing, even though it is over two-hours long. It also means that much more, because it is a true story.

Hanoi Rocks Lives

by Jennifer Selfridge

If it hadn't been for Michael Monroe, the American public might never have been exposed to bands such as Guns n' Roses, Skid Row, Def Leopard, or Motley Crue. Monroe's former band, Hanoi Rocks inspired streetwise Glam Rock. Hanoi Rocks was on the verge of hitting it big in America, when the accident occurred—the band's drummer, Razzle, was killed while riding in a car driven by Motley Crue's lead vocalist, Vince Neil. Neil survived the crash, and Motley Crue went on to become one of the biggest metal acts of the decade (why Hanoi Rocks, shaken by Razzle's death, split up).

Five years later, in an attempt to make a comeback, Monroe released his first solo album, "Not Fakin' It." He has gotten more attention

from that album than any of his former band members. Guitarist Andy McCoy has signed to PolyGram, bassist Sammy Yaffa is now in Jet-boy, and Nasty Suicide has been in many different band lineups. Now, Monroe's band includes Paul Garisto on drums, J.D. Malo on brass, and guitarists John Sierra and Johnny Angle.

While Monroe's solo career may be going great, can he alone take the place of Hanoi Rocks? Maybe, but Michael Monroe is still proud of Hanoi Rocks: "I think it was a special band. We never cared about business, we just wanted to play and have fun. It was honest."

Hanoi Rocks still lives in the hearts and minds of many people. It had a lasting impact on the music of today and will never be forgotten.

Fine Arts Show Planned



Mrs. Busiello

by Jennifer Selfridge

This year, the fine arts dept. plans to make the fine arts show the best it's ever been. The theme of the art show this year is Art & Music of the 60's.

The art show will take place on April 6, from 7-9 pm on Friday night. The first floor of Bishop Ford will be open to show artwork, photos, video and music. The students will display and perform work to make it a true "happening."

I was lucky enough to get a chance to talk with Mrs. Busiello, who gave me a lot of information about the Art Show: "To reflect Art and Music of the 60's, the fine arts dept. wanted to product something that would be very outstanding. In a discussion with my students, we talked about visual images, and how you get them, and how you get ideas."

After this, they discussed music. The song "We Didn't Start the Fire" by Billy Joel reflected many images. They felt it was perfect for the overall theme of the art show, because it covered many of the events that happened between 1949 and 1989.

To begin, they listed all the words to the song, and researched the events. They had to go through massive tons of magazines to find images, but it was worth it. The results were fantastic.

The Bishop Ford seniors painted a mural design of Billy Joel's popular song. The mural is 16 ft. long, 4 ft. tall, and one of the best art works that I've ever seen. It is basically a cluster of paint-

ings, all relating to each other in some way. It is colorful and very interesting.

The mural includes James Dean, Mickey Mouse, a space shuttle, a representation of the Communist Bloc, a hippie, the symbol for Black Power, television, Superman bursting out of a phone booth, Martin Luther King, Peter Pan, and Nixon wearing an I Like Ike button. (Nixon is mentioned at the end of the song because he was president, but he is also mentioned at the beginning because he was Eisenhower's vice president).

The social studies classes got involved by finding material on the song. Their teachers were extremely helpful getting information about the topics; they explained them to their classes and assigned reports on these topics. The studio art classes illustrated these reports, which will be displayed at the fine arts show.

The television / communications dept. is developing a documentary video about the mural, "We Didn't Start the Fire," which will be shown at the fine arts show.

Mr. Ozga made a tape of music videos of the 60's that will be shown. It is called "Ready, Steady, Go," and features videos by performers, such as the Beatles.

Billy Joel's music will be performed by choral music students at the art show.

Mrs. Busiello feels that everyone in the dept. was extremely helpful and hard working. Everyone is welcome at the fine arts show, and I think you will enjoy it, so please come.

Anthrax Is The Be-All And End-All

by Danielle Ramos

The rain fell coldly and silently on December 15, 1989. Hundreds gathered outside the entrance of L'Amour. This was the first show of the two Anthrax would be playing in Brooklyn. At 12:30, the theme from the "Blues Brothers" came over the p.a. system. Soon after that, Anthrax hit the stage and exploded into "Madhouse" off their '85 album, "Spreadin' the Disease." Lead vocalist, Joey Belladonna, clad in (what else?) his jams and a t-shirt, bassist Frank Bello, drummer Charlie Benante, lead guitarist Danny Spitz, and rhythm guitarist Scott Ian, played a variety of songs from each of their albums. They included "Now It's Dark," "Be All, End All," "Lone Justice," "Caught in a Mosh," "I Am the Law" and, of course, their illustrious rap song, "I'm the Man."

Anthrax are not a band with senseless and obscene lyrics, like so many other heavy metal bands. They sing about real issues. Take, for example, "Who Cares Wins," which illustrates the plight of the homeless and how they feel they are treated by society:

"Close your eyes to the horror. Close your eyes to the pain. When you live in a box, no one knows your name. Living in the streets, moms and kids with nothing to eat. Welfare hotels, who says there's no place called hell?"

Anthrax are just a down-to-earth band who like to have a good time and give a good time. They put on a great show and had L'Amour exploding with music and excitement. The mosh pit was underway and going strong throughout the show. Belladonna announced that a new album would hit the shelves early this year. With their last album, "State of Euphoria" reaching platinum success, without a doubt their new album will go even further. Anthrax: Their time has come!

LORD OF THE FLIES

"We did everything just the way grown-ups would have . . . What went wrong?"

The battle between good and evil has been depicted in the nationally acclaimed film, LORD OF THE FLIES.

The movie recently made its debut in cinemas across America.

It's an excellent motion picture and well worth seeing.

Have A Happy And Holy Easter!

Monarchs Of The Court

by Sabine Paul and
Myriam Exume

In this issue and the next one, we will take a look at the captains who lead their respective teams here at Ford. Being named captain of a sport shows the dedication a person has, not only to his sport, but to his teammates. In this issue, we will take a look at the boy's and girl's captains of Bishop Ford's basketball teams.

James Brickhouse (co-captain)—James Brickhouse sees Ford in a different way. He feels that he has accomplished everything he planned to do here at Ford.

James has been playing basketball for 13 years, and his skills have helped him earn a basketball scholarship to Iona College. At Iona, James hopes to major in accounting. Right now, his plans after college do not include pursuing a basketball career.

James would like to express his thanks to Edgar DeLaRosa, who has helped him during his four years at Ford. They continue to keep in touch, despite the fact that Mr. DeLaRosa no longer coaches at Ford.

E. J. McGee (co-captain)—Elizabeth McGee, better known as E.J., says she has had some great times at Ford, more good than bad, making her happy that she chose to come to Ford. As she says, "It's a shame to be leaving."

E.J. has been both academically and athletically successful during her years at Ford. She has played basketball, volleyball, and softball. But she confesses that softball was the best sport, because she saw the improvements in herself, and she got along with her teammates.

As far as college, she is not sure where she will go. E.J. plans to pursue athletics in college and major in either political science or pre-law, paving the way for a career in law.

E.J. wishes to thank all those who have influenced her life. But her family is, as she says, her biggest influence. She believes her father, who passed away two years ago, helped develop her into the person that she is, and he strongly emphasized athletics as part of her life. She also wishes to thank Mr. Mingrone,

who has helped her both academically and socially.

"Thanks to everyone who has helped me. Ford is a great school. The girl's programs stand up in all sports. The opportunities are unlimited. I hope it's as great for others as it has been for me."

Joe Liffey (co-captain)—For Joe Liffey, attending Ford has been a wonderful experience. It has helped him to learn about life. He's enjoyed his four years, partly due to all the great friends he's made.

Joe is undecided as to which college he will attend but says he plans to play basketball. He's been playing basketball since the age of twelve and hopes that these skills will earn him a scholarship.

Joe says that he will be taking many memories with him. He will miss his friends and teammates, especially James Brickhouse, whom he calls a great leader. One of the best memories he says he has is playing j.v. basketball, for Mr. Piselli, because, as Joe puts it, "He's an easy type of guy."

Besides James Brickhouse, who Joe says is a great teammate who has helped guide him, Joe wishes to thank Edgar DeLaRosa. He says that Mr. DeLaRosa has also helped to guide him in the right direction. Joe says he will miss him very much.

Mireya Canate (co-captain, sr.)—Mireya Canate describes her four years at Ford as busy. She says she has met a lot of nice people, both in and out of sports.

Mireya hopes to attend either Penn State or the University of Massachusetts. She would also like to pursue her two favorite sports, volleyball and basketball, at college. Mireya's future career plans focus on becoming an obstetrician.

Mireya says she will have many memories when she graduates from Ford. She recalls that one of her best memories is of her ability to make people laugh when they didn't want to laugh. Mireya will also always enjoy the memory of the j.v. volleyball team winning Brooklyn Champs, and forgetting her midterm three years in a row!

Mireya would like to thank all those who have helped her throughout her four years, especially Mr. Jones and Olga Martes.



Captains of Ford's basketball teams: E.J. McGee, Joe Liffey, Mireya Canate and James Brickhouse.

HIGHPOINT

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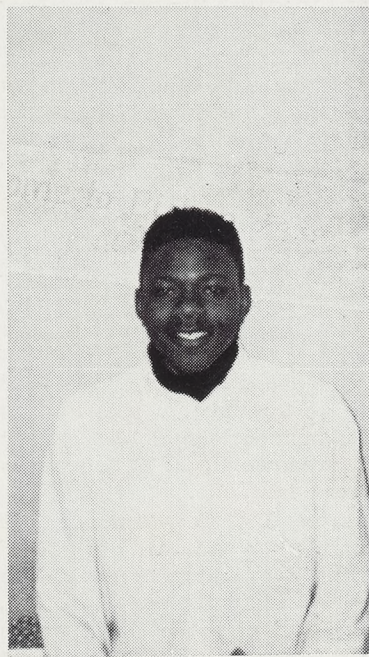
Intramurals

by Bill Condon

Intramurals is a fun way for those of us with less athletic ability to enjoy ourselves while participating in sports.

Bishop Ford offers intramural programs in the sports of football, bowling, basketball, and hockey. Although these games might not feature the same amount of talent as the varsity games, they often have players who are trying just as hard and use the same game plans and strategies.

Participation in intramural sports is also a good way to learn about a new sport and the value of teamwork, and a healthy way to spend your extra time after school. It is also a good place to meet new people and add an extra dimension to your career at Bishop Ford.



Track Team Runs Rampant

by Myriam Exume

The Bishop Ford Indoor Track Team has enjoyed a very successful and record-breaking season.

At the Brown Invitational, held at Brown University in Rhode Island, the Falcons made an impressive showing. The Freshman/Sophomore Distance Medley Relay, consisting of Antonio Wright, Kiya Huesca, Ahmed Harris, and Chris Gonzalez, won the event with a time of 11:35.9. Likewise, the Varsity DMR, with Scott McLeod, Clarence Wesby, David Daughtry, and David Seung, were unbeaten, winning with a time of 10:40.8. These same four guys came back and placed 2nd in the Varsity 3,200 Meter Relay.

The Lady Falcons also enjoyed some success at Brown. The 4 x 200 meters relay team, consisting of Denise Francis, Myriam Exume, Jennifer Miller and Nikki Inglis, ran against such powerhouses as Tilden High School and Clara Barton. The girls ran a time of 1:52.8, which not only earned them 5th place medals, but also established a new school record.

Brooklyn/Queens Championships, held at Manhattan College, provided the setting for yet another good performance by the Bishop Ford Falcons. Denise Francis ran the 300 meter dash in 44.2 seconds, establishing a new school record, while David Seung won the 1,000 meter run with a time of 2:39.2, a school record. Scott McLeod placed 1st in the 1,600 meter run, with a time of 4:37.5. Freshman Chris Gonzalez placed 3rd in the 3,200 meter run, with a school record-breaking time of 9:55.4.

The following names and times represent all of the other school records broken during the 1989-90 indoor track season.

Congratulations to all!

55 meter hurdles — Nikki Inglis — Time: 8.4 sec.

55 meter dash — Nikki Inglis — Time: 7.2 sec.

Girls' Sprint Medley Relay — Nikki Inglis, Sabine Paul, Myriam Exume and Nina McClellan—Time: 4:32.8.

4 x 400 meters Relay—Denise Francis, Myriam Exume, LaJuan Wix and Nikki Inglis — Time: 4:20.2.

Staying Afloat With The Girls' Varsity Swim Team



Captains of the swimming team: Susan Hardman, Erika Church and Nicole Fernandez.

by Nicole Fernandez

The season is over, but the spirit is still with us. The Bishop Ford Girls Varsity Swim Team had a pretty good year. We didn't win as many meets as we would have liked to, due to a lack of girls. But that never stopped our girls from having spirit. Our small team consisted of fifteen girls: tri-captains Erika Church, Nicole Fernandez, and Susan Hardman; seniors Jennifer Murphy, Kim Newton, Jeannie Nunez and Kim Olavaria; juniors Olivia Almengor, Kelia Farquharson (our woman of soul), Marilyn Torio, Christine Zadioga and Mayte Perez; sophomores Natalia Almengor and Nicole Kelly; and our brave freshman Cher Saccomagno. But seven of the fifteen girls will be graduating, so we really need more girls. The girls practice with the boys (a good reason to join). But we have separate meets.

A lot of time and effort goes into it. As a senior, I look back and now realize I should have pushed myself harder during freshman year. Some

seniors didn't join until junior year and regret not starting earlier.

But nothing can beat the feeling when you touch the wall, take those crazy rubber caps (yes, we look pretty funny) and goggles off, and look to the left and then to the right and see you did it! You beat the girls next to you. Even though you may be out of breath and your heart is beating crazily, it is all worth it.

Another great thing I've gotten out of the team is the friendships. It's more than just pushing each other to swim harder, lending someone a cap or goggles. It is because of swimming that I have met two of my best friends. And we've been through more than just early Sunday morning meets and the sharing of the official fruit of swimming, the Sunkist Orange.

Maybe at times we were tired, fed up, and didn't feel like swimming. But when it comes down to the truth, it was worth every minute. I'll miss our great swimming coach, Michelle Murphy, and all you swimmers of 1990!